Fullerton College Nutrition & Foods Department Advisory Committee Collaboration for Proposed Dietary Manager Certificate Wednesday, March 10, 2021

Contributor Name & Credentials	Title	Organization
Emilia Lidia Creanga, MS, RD, CNSC	Senior Clinical Dietitian	Providence St. Jude
Samuel Han, CDM, CFPP	Patient Services Manager	Aramark
Dilhari Gunathilaka MS, RD	Registered Dietitian	Healthcare Services Group, Inc.
Elizabeth Batalao, RD	Director, Food and Nutrition Services	Kaiser Permanente Baldwin Park Medical Center
Vallary Townsell, RD	Clinical Director of Nutrition	Nutrition Resource, Ensign
Thomas McCance, RD	Director of Food and Nutrition Services	Morrison Healthcare
Sangeeta Shrivastava PhD, RDN, FAND	Lecturer/Owner and RDN	Cal Poly Pomona/Dr. Sangeeta Nutrition
Candace Gonzalez, MS, RDN	Registered Dietitian	Beacan Health
Keith Breton, CDM	CDM Consultant	ReNew Healthcare

I. Introduction

- A. Welcome and introduction to the Nutrition and Foods Department.
 - 1. Committee members were provided with:
 - a) Key highlights about the Nutrition and Foods Department.
 - b) The Dietary Manager Certificate Program Description, Program Goals and Objectives, and Program Requirements.
 - c) Statistics about local and regional Dietary Manager occupations (eg, job growth, changes in federal regulations starting in 2016).

II. Questions and Responses

- A. As a nutrition and food professional in the field, what trends do you see impacting the nutrition, food, and healthcare industry?
 - Emilia: As far as healthcare more contract companies, less self op kitchens. More patients are requesting organic products, gluten free foods or "allergies" based on food sensitivity tests. There is a lot of interest in lowering inflammation as well as anti-inflammatory diets.
 - 2. <u>Samuel</u>: Increased labor costs and hotel-like room service rather than trayline system

- 3. Dilhari: Functional food, immune boosting food, plant-based diets
- Elizabeth: nutrigenomics/nutrigenetics, functional foods in foodservice, increased 'free-from' foods; continued plant-based/vegan interest, importance of nutrition education for general public, continued sustainability interest, growth of non-traditional dietitian/nutrition roles, COVID's long lasting impact
- 5. Vallary: Infection control, aging population, food insecurity
- 6. <u>Thomas</u>: Sustainable nutritive foods, cage-free egg alternatives and implementing a variety of cultural dishes within patient and retail menu planning. Expect long-term care and skilled nursing facilities to have booming business as baby boomers reach advanced age.
- 7. <u>Sangeeta</u>: The field is growing fast and consumers are getting info at their fingertips, which sometimes can be bad. There is a need to prepare competent professionals who can serve the needs of the consumers/ clients in various work settings.
- 8. <u>Keith</u>: Low personal and professional development budgets, high food expectations, low staff.
- B. What education, certifications, skills, or qualifications are desired for employment in your field?
 - 1. Emilia: Masters Degree, Registered Dietitian (RD)
 - 2. Samuel: More leadership skills and management classes
 - 3. <u>Dilhari</u>: Certified Dietary Manager (CDM), RD
 - 4. <u>Elizabeth</u>: Director role (here at Kaiser Permanente) requires CDM or RD + bachelor's or master's + management experience
 - 5. <u>Vallary</u>: Managers ServSafe, leadership and communication, acceptance of differences, understanding of regulations with intent.
 - 6. <u>Thomas</u>: Registered dietitian is preferred; however, CDM is needed for operations of accounts within my company.
 - 7. <u>Sangeeta</u>: Registered Dietitian, CDM and Dietetic Technician, Registered (DTR) can serve as Food Service Director/Manager
 - 8. Candace: CDM certification and RDN credential
 - 9. Keith: Dietary Services Supervisor (DSS)/CDM/RD credentials
- C. What is the job outlook for the positions that our program graduates would be seeking in the next 3 to 5 years?
 - 1. Emilia: Great
 - 2. <u>Samuel</u>: Biggest need is in the long term care sector
 - 3. <u>Dilhari</u>: It will be a job in high demand.
 - 4. <u>Elizabeth</u>: Great to see area specific statistics for CDMs are even better than the Bureau of Labor Statistics (BLS) job outlook for dietitians and nutritionists of 8% nationally for 2019-2029.
 - 5. <u>Vallary</u>: Will be hiring CDMs for Ensign company to act as DSS through buildings in California. Excellent job outlook.
 - 6. <u>Thomas</u>: There are a significant amount of unit operators and supervisors that are reaching retirement age. Regulation and infection control

- guidelines become ever more important within our interconnected world. The outlook is good especially as RDN certifications will soon require a MS.
- 7. <u>Sangeeta</u>: They can look to work as CDM in a long term care and acute care.
- 8. <u>Candace</u>: Very good, currently with my company we have a few positions open for CDM's
- 9. Keith: More dietary aides, cooks, and dietary managers will be needed.
- D. Do you endorse and recommend the development of a Dietary Manager Certificate Program through Fullerton College?
 - 1. 9 Yes
 - 2. 0 No
 - 3. 0 Abstain
- E. Please include any final comments or suggestions for us as we continue developing this program. Thank you!
 - 1. <u>Samuel</u>: There is a lack of quality dietary managers in the field.
 - 2. <u>Dilhari</u>: Knowledge of different types of diet would be good.
 - 3. <u>Vallary</u>: Many acute care hospitals are also adopting CDMs as directors for cost effectiveness, when they previously only hired only RDs. I would be happy to give additional insight, if needed.
 - 4. Thomas: CDMs are an asset to their businesses/facilities. Details as well as scope of service is important for all CDM to understand.
 - 5. Sangeeta: Great initiative.

III. Closing

A. Appreciation shared with committee members for the participation in the Advisory Committee.